

# Kindergarten

Bible Study Guide

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A Sabbath School Bible Study Guide for Kindergarten Children  
GraceLink® Sabbath School Curriculum

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# Basic Needs of Children\*

All children have certain basic needs as well as needs that are specific to their age and stage of development. The basic needs of children are:

## Physical

- Food
- Warmth
- Shelter

## Mental

- Power—to make choices and follow plans

## Emotional

- A sense of belonging
- Approval and recognition
- Expressions of unconditional love and acceptance
- Freedom within defined boundaries
- Humor—a chance to laugh

## Spiritual

- An all-knowing, loving, caring God
- Forgiveness of wrongs and a chance to start over
- Assurance of acceptance with God
- Experience in prayer, answers to prayer
- A chance to grow in grace and in the knowledge of God

## *The Kindergarten Child*

In the Seventh-day Adventist Church we advocate kindergarten for children ages 3-5. However, the development of children varies from child to child. Therefore, a knowledge of each child in your Sabbath School is important. Generally, the description below is true of children ages 3-5.

### **Physical**

- Start developing large muscle coordination
- Lack a sure sense of balance
- Are extremely active
- Tire easily, but soon revive after resting
- Lack fine muscle coordination
- Are curious and like to explore their environment
- Learn by exploring

### **Mental**

- Are capable of limited listening and understanding without the help of a visual cue, such as seeing the object being discussed
- Have quick memory
- Memorize things they don't understand

### **Emotional**

- Cry easily
- Are capable of verbalizing emotional responses
- Learn to delay gratification of needs without losing equilibrium
- Experience the full spectrum of negative emotions
- Learn ways to express negative emotions

### **Social/Relational**

- Are self-centered—the world revolves around them
- Play alone in the presence of their friends, rather than playing with their friends
- Like to make friends and be with friends

## Developmental Needs

In addition to the basic needs mentioned earlier, kindergarten children need:

- Freedom—to choose and to explore within limits
- Power—to have some autonomy in learning situations
- Limits—safe boundaries that are set by parents and teachers
- Fun—learning through play, enjoying success
- Discipline and training—to provide safety and structure in their lives

## Spiritual Needs

Kindergarten children need to know:

- God loves them and cares for them
- How to show respect for God
- God made them, knows them, and values them
- The difference between right and wrong
- How to choose what is right with God's help

## General Rules

A child's attention span, in minutes, is their age plus one. Thus, an average 3-year-old has a potential attention span of four minutes, provided they are interested in what is happening.

## Kindergarten Children:

- Enjoy repetition—provided they don't tire
- Are beginning to reason from simple cause to effect
- Make some generalizations—often incorrectly
- Learn best by active participation
- Have a short attention span—three to six minutes

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\**Children's Ministries: Ideas and Techniques That Work*, ed. Ann Calkins (Lincoln, Nebr.: AdventSource, 1997).

# A Letter to Parents

**Dear Parents,**

In this issue of the *Kindergarten Bible Study Guide* you will find that the lessons are from the life of Jesus. In these lessons the children will be introduced to three major themes—service through helping others; worshipping God by what we do; and showing love to family and friends as part of being in a community.

We believe that kindergarten children are able to understand God’s messages in Scripture, so we urge you to sit with your child each day to share the lesson. As part of your family worship, pray for understanding from the Holy Spirit; sing a happy song; read with enthusiasm and have fun with the Do & Say activities. Use the motions to review the memory verse. This will help your child remember it. Let your child tell you the story from the pictures or help to read the lesson if he or she is able. Read the story from the Bible at some time during the week. A number of simplified children’s versions are available today. Teach by example and word that the Bible is precious and holy. Involve your young child in worship now, and you will foster a love for Jesus and His Word that will last.

Take the time—make the time—to worship with your child every day. Years from now you’ll be glad you did.

Our prayer is that these lessons will bring joy and peace to you and your child. Let us pray for one another as we work together to lead little ones to Jesus.

Contact us through our Web site at [www.gracelink.net](http://www.gracelink.net).

**Cordially,  
The Editors**