Do you remember ever being really, really sick? So sick that you thought you might never get well? That happened to the widow’s son.

Elijah stayed in Zarephath where God had sent him. God had not sent rain for a long, long time because the people still worshipped the idol Baal. Without rain the crops did not grow, and people everywhere were very hungry. But there was always food in the widow’s house, just as the Lord had promised.

Every day when the widow looked into her jar, she found enough flour to make bread. Every day when she looked into her jug, she found enough oil, too. Every day God kept His promise.

One morning the widow’s son may have whispered to his mother, “I don’t feel good, Mother. I hurt all over.”

The mother probably held her son and rocked him. She gave him cool water to drink. She sang soft songs to him. But her son

Memory Verse

“[The Lord] cares for those who trust in him.”
NAHUM 1:7, NIV.

The Message

God will always give the best answer to our prayers.
didn’t get well. He got worse. And then he died.

The widow cried and cried. Tears ran down her face as she told Elijah what had happened.

“Give me your son,” Elijah said. He carried the boy upstairs to the room the widow had given Elijah. He laid the boy on the bed. Then Elijah cried to the Lord. “Why has this happened to the kind woman who is sharing her home with me? O Lord my God, let this boy’s life return to him!”

Three times Elijah prayed this prayer.

The Lord did not answer Elijah with words. He did not answer Elijah’s question about why the widow’s son had died. But after the third prayer the boy began to breathe again. He came back to life!

Elijah shouted with joy. He picked up the boy and rushed down the stairs. “Your son is alive!” he shouted. “Your son is alive!”

The widow grabbed her boy in a big hug. She was so happy she laughed and cried at the same time. Then she looked up at Elijah through her tears. “Now I know that you are a man of God,” she said. “God truly speaks through you.”

God speaks to us through other people, too. Sometimes he gives the answers to our prayers through others. God cares for us. He will always give the best answer to our prayers.
SABBATH
Each day this week read the lesson story together and review the memory verse by using the following motions:

[The Lord] . . . . . Point upward.
cares . . . . . . . Arms together as if rocking a doll.
for those who. . Point to others.
trust in him. . . Point upward.
Nahum 1:7 . . . Palms together, then open.

SUNDAY
Together, read 1 Kings 17:17-24. Count the number of times Elijah prayed.

Draw five large circles to represent Elijah, the widow when her son died, the widow when her son was restored to life, the son when sick, and the son when restored to life. Help add to the circles faces each would have had.

MONDAY
Read the story together. Ask: How do you think his mother felt after the boy was healed? What do you think the boy did?

Sing about Jesus’ love. Thank Him for His care.

TUESDAY
Help your child send or deliver the get-well card made in Sabbath School. Together, pray for that person. (Or help your child make a card.)

WEDNESDAY
Help your child name five things Jesus gives them to keep them healthy (food, water, etc.). Thank Jesus for each. Say the memory verse and sing a thank-You song together.

THURSDAY
Ask your child to think about a time when they were very sick. Ask: Who helped you get well? (mother, doctor, Jesus) Talk about exercise as something Jesus gave us to keep us healthy. See how many times your child can jump in place.

FRIDAY
During worship, read Prophets and Kings, page 131 (second, third, and fourth paragraphs). Then act out the Bible story. Let your child be the sick boy. Have each person draw two faces—one sad, the other happy—and hold up the appropriate one as the story unfolds. Say the memory verse. Then sing thank-You songs.