Charlotte and her older sisters were playing outside. She stood between her sisters and fell back to one sister and then fell forward to the other. She trusted her sisters to catch her and they did! A long time ago the Israelites learned that they could trust God.

Moses made the long journey back across the desert from Midian to Egypt. Somewhere in the desert his brother, Aaron, came toward him. “God has sent me to help you,” said Aaron. Together they would face Pharaoh.

After meeting with the Israelite leaders, Moses and Aaron went to Pharaoh’s palace. Moses spoke bravely. “I have a message from God for you. God says, ‘Let My people go to hold a festival for Me in the desert.’”

Pharaoh answered, “Who is this God? I do not know Him. And I will not let the Israelites go.”

Moses replied, “Let the people go. Otherwise God may respond with plagues or the sword.”

But Pharaoh refused, and dismissed Moses and Aaron. Then he told the overseers to make the Israelites work harder.

Each day Pharaoh went to worship at the river Nile. God sent Moses to the river. There, Moses said to Pharaoh, “If you will not listen to God and let the Israelites go, something terrible will happen. Water will turn into blood. All the fish will die.” Pharaoh refused. Then Moses stretched out his staff, and the river water turned to blood. But Pharaoh still refused to change his mind.

Seven days later Moses again asked Pharaoh to let the Israelites go and worship in the desert. Again Pharaoh said, “No.”

Moses responded, “This is what the Lord says: ‘I will send a plague of frogs. They will be everywhere, in your bed, in your food, in your ovens.’” And it happened! Frogs appeared everywhere!

Pharaoh sent for Moses. “Take away these frogs, and I will let the Israelites go,” he promised. Soon great mounds of dead frogs littered the country. But as soon as the
The Message
We worship God when we trust Him in every situation.

frogs died, Pharaoh changed his mind.

   Again God sent Moses to Pharaoh. Again Pharaoh said no. And Moses promised: “God will send a plague of gnats.”

   Soon gnats were everywhere, plaguing people and animals. Pharaoh’s advisors said, “This is the finger of God.” But Pharaoh would not listen to them either.

   Then God told Moses to go to Pharaoh when he worshiped his gods at the river. Moses asked again. But Pharaoh still refused. So Moses delivered another message. “The Lord will send swarms of flies. The air will be black with them.”

   And it happened just as Moses had said. But there were no flies where the Israelites lived. So Pharaoh sent for Moses and said, “I will let your people go, just do not go far.” But as soon as the flies disappeared, Pharaoh changed his mind again.

   Moses went to Pharaoh again. “God says, If you continue to refuse to let My people go,” he said, “all your animals will get sick and die.” The next day the Egyptian livestock died, but Pharaoh still refused.

   Next, God told Moses to throw ashes into the air before Pharaoh. He did, and the Egyptians broke out in big boils and sores. But Pharaoh still would not listen.

Then God told Moses to tell Pharaoh to let the Israelites go or God would send a terrible hailstorm. The hail came all over Egypt except where the Israelites lived.

   When the storm came, Pharaoh admitted that he had sinned and that God was righteous. He sent for Moses and said, “I will let the people go. Just ask God to stop this storm.” But when the storm was over, Pharaoh changed his mind again.

   God sent two more plagues. Locusts came and ate up all the green plants. Then three days of darkness. It was so dark that the Egyptians could not see each other, but the Israelites had light. Still Pharaoh refused to let the Israelites go.

   Nine times God sent plagues on Egypt. The Egyptians worshiped the river Nile and the creatures involved in the plagues. God proved to them that their gods could not help them.

Nine times God gave Pharaoh an opportunity to recognize that the God of the Israelites is the true God. And nine times Pharaoh refused. Nine times God showed the Israelites that He was their God, that they could trust Him completely. How did they know? All through the plagues, God kept them safe.

Memory Verse
“Praise the Lord, my soul, and forget not all his benefits” (Psalm 103:2, NIV).

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**SABBATH**

**ASK** Moses made the long journey back across the desert to Egypt. Ask your family: What would you need for a journey across a desert? What and where is the world’s largest desert?

**DRAW** Draw a happy face and write your memory verse on it. Put it where you will see it every day. Use it to teach the verse to your family during worship today.

**PRAY** Thank God for the sunshine and the rain.

**MONDAY**

**READ** Read and discuss Exodus 8:1–19 during family worship. What kind of frogs live near you? Make a noise like a frog. Teach your family to croak like frogs too. Do it together. What was it like in Egypt with thousands of frogs croaking at the same time?

**DO** Play leapfrog with a friend or brother or sister.

**PRAY** Thank God for the fish in the sea and the animals He made.

**TUESDAY**

**READ** During worship today, read and discuss Exodus 8:20–30 and 9:1–7. What is so special about flies’ eyes? Can you draw your eye and a fly’s eye?

**DO** Stand back to back with someone who is about the same height and weight. Lean against each other and sit down back to back on the floor. Can you trust each other?

**ASK** Ask your parents to tell you of a time when they trusted God.

**PRAY** Pray that you will learn to trust God more.

**WEDNESDAY**

**READ** Read and discuss Exodus 9:8–35 with your family. Go outside together and throw a handful of dust in the air. (Make sure no one is standing close.)

**DO** Find a flashlight and flash it on and off in a dark room. Find out what causes real lightning.

**DO** Make a list of things that you are afraid of. Pray that God will help you to trust Him in these situations.

**SUNDAY**

**READ** During worship, read and discuss Exodus 7:8–24. What happened when Moses and Aaron went to see Pharaoh? If possible, share some red juice. What would happen if you spilled some on something white? Would you like to wash in red water?

**DO** Find a long stick you think looks like a snake. Take it to worship and explain what happened to Moses’ staff.

**PRAY** Thank God for good drinking water.

It rains only two inches a year in Egypt, so a hailstorm had never even been imagined before!
Read and discuss Exodus 10 during family worship. Place some sand in a shallow container. Collect some twigs and stones. Then create a scene that looks like locusts had eaten every green thing.

**DO** Wear a blindfold for three minutes and try to walk around the house. Do you need help?

**DO** Count the number of lights in your house. Thank God for light.

Review all the plagues with your family by miming them. See who can first tell which plague it is. Ask each person to tell what it means to trust God.

**DO** Say your memory verse together. Do you really mean it?

**DO** Sing praise songs and thank God for protecting your family.

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**Nine Times No Puzzle**

Directions: Find the following hidden words:
- blood, flies, locusts, boils, frogs, darkness, hail, livestock, gnats

- A B C D E F G H I J K L
- F L I E S M N P Q R S T
- U V W X Y Z A C B C D E
- F O G F H I J K U L M N O
- P D A R K N E S S Q R S T
- U V W O X Y Z A T C B D E
- F G H G L I V E S T O C K
- I J K S L M N O H A I L S
- T U V W X Y Z A H B L C D
- E F G H I J G N A T S K L